Frank H. Duffy, M.D., Professor and Pediatric Neurologist at Harvard Medical School, stated in an editorial in the January, 2000 issue of the journal Clinical Electroencephalography that the scholarly literature suggests that neurofeedback should play a major therapeutic role in many difficult areas. "In my opinion, if any medication had demonstrated such a wide spectrum of efficacy it would be universally accepted and widely used" (p. v). "It is a field to be taken seriously by all" (p. vii).

**An objective guideline for objectively evaluating the efficacy of neurofeedback treatments:**


**Links to Topics:**

- Academic Cognitive Enhancement
- Learning Disabilities
- ADHD
- Addiction
- Adverse Reactions and Side Effects
- Anger
- Anxiety
- Asthma
- Autism and Asperger's
- Autoimmune Disorders
- Brain Injury
- Cerebral Palsy
- Creativity
- Chronic Fatigue
- Cognitive Decline
- Coma
- Criminals
- Medical Conditions
- Depression
- Dissociative Disorders
- Epilepsy
- Functional MRI (fMRI) Neurofeedback
- Fibromyalgia
- Headache
- Hemoencephalography
- Hemispheric Asymmetry
- Hypertension
- Learning Disability
- LENS (Low Energy Neurofeedback System)
- LORETA
- Obsessive Compulsive Disorder
- Optimal Functioning, Peak Performance
- Post Traumatic Stress
- Pain
- Parkinson's
- Pre Menstrual Syndrome
- rTMS
- Review Articles
- Schizophrenia
- Sleep
- Slow Cortical Potential Neurofeedback
- Spasticity
- Standards
- Stroke
- Theoretical Treatises
- Tinnitus
- Tourette's Syndrome
- Z-Score Neurofeedback Training
Epilepsy


Rockstroh, B., Elbert, T., Birbaumer, N., Wolf, P., Duchting-Roth, A., Reker, M., Daum, I.,


**ADD/ADHD, Learning & Developmental Disabilities, & Academic-Cognitive Enhancement**


Thompson, L., & Thompson, M. (1998). Neurofeedback combined with training in metacognitive strategies: Effectiveness in students with ADD. *Applied*
Psychophysiology & Biofeedback, 23(4), 243-263.


Anxiety Disorders, Post Traumatic Stress Disorder, & Sleep Disorders


Slow cortical potential biofeedback and the startle reflex. Biofeedback & Self-Regulation, 19(1), 1-12.


**Depression, Withdrawal, Hemispheric Asymmetry, Anger & Pre Menstrual Syndrome**


Addictive Disorders


Goldberg, R. J., et al. (1976). Alpha conditioning as an adjunct treatment for drug


**Brain Injury, Stroke, Coma, Spasticity, & Cerebral Palsy**


**Chronic Fatigue Syndrome, Fibromyalgia, & Autoimmune Dysfunction**


**Pain & Headache**


**Schizophrenia**


**Obsessive Compulsive Disorder**


**Parkinson's Dystonia**


**Tourette's Syndrome**


**Autism and Asperger's**


**Creativity & Optimal Functioning, Cognitive Decline with Aging**


Vernon, D., Dempster, T., Bazanova, O., Rutterford, N., Pasqualini, M., Andersen, S.


**Asthma**


**Hypertension**


**rTMS**


**Dissociative Disorders**


**Tinnitus**


**Criminals and Juvenile Offenders**


**Medical Conditions**


**Adverse Reactions and Side Effects**


**Theoretical-Conceptual, Standards, & Review Articles**


**Slow Cortical Potential Neurofeedback**


and GSR training and the interrelationship between central and peripheral arousal. *Journal of Neurotherapy* 14(3), 217 – 228.


**LENS: Low Energy Neurofeedback System**


neurofeedback with the Flexyx Neurotherapy System: A randomized controlled clinical trial, or how to go crazy over nearly nothing. Journal of Neurotherapy, 10(2-3), 59-61.


Hemoencephalography (HEG)


Sherrill, R. (2004). Effects of hemoencephalography (HEG) training at three prefrontal locations using EEG ratios at Cz. Journal of Neurotherapy, 8(3), 63-76.


LORETA Neurofeedback


### Z-Score Neurofeedback Training


### Functional MRI (fMRI) Neurofeedback


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